



## White Pine Nutrition Program May-18

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turkey Wrap Lettuce/Tomato Cheese/Cucumber Tomato Basil Soup Fruit	2 BBQ Pork Sandwich Corn Spinach Coleslaw Fresh Orange	#13 Italian Baked Chicken Wild Rice Mixed Veggies Mixed Fruit	4 Chicken Fried Steak Mashed Potatoes Broccoli/Cauliflower Buttermilk Salad with Fruit Mix
7 Chicken Pot Pie Colorful Salad Fruit	8 Cheese Burger Baked Beans Tomato/Lettuce/Onion Mixed Veggies Cantaloupe	#19 Beef Stew Garden Salad W/W Roll Fresh Fruit	10 Beef Hot Dogs/Bun Macaroni Salad with Peas and Cheese Baby Carrots Fruit	11 Salmon Rice Pilaf/Mushrooms Orange Spinach Salad Fruit Dessert
14 Lentil Soup Grilled Cheese on W/W Bread Fruit	#15 Spaghetti/Meat Sauce Zucchini Colorful Salad W/W Bread Fruit	16 Chef Salad Garlic Bread Fruit	17 Chicken Tenders Baked Potato Wedges Beet Salad Veggies Fruit	#167 18 Hot Turkey Sandwich Peas/Carrots Cucumbers & Tomatoes Fresh Orange Oatmeal Raisin Cookie
21 Chicken Breast with Grilled Tomato Sauce over Noodles Veggies Fruit	#174 22 Herb Crusted Pork Chops Baked Yam Green Beans Pears W/W Roll	23 Taco Salad/Beans W/W Shell Lettuce/Tomato/Onion Baby Carrots Salsa/Sour Cream Fruit	#14 24 Chicken Pasta Herbed Veggie Medley Fresh Spinach W/W Roll Applesauce	25 Baked Fish Parsly Potatoes Veggies Carrot/Raisin Salad Fruit Birthday Cake
28  MEMORIAL DAY	#18 29 Chicken Parmasen over Noodles Tossed Salad Green Beans Pineapple Chunks	#30 30 Meat Loaf Mashed Potatoes Steamed Spinach Mixed Fruit W/W Bread	#31 31 Herbed Baked Pork Roast Stuffing/Gravy Broccoli/Cauliflower Fruit	

2% Milk Served Daily

MENU SUBJECT TO CHANGE

Gravy Served with  
Mashed Potatoes

HOMEBOUND PLEASE CALL BEFORE 8AM IF YOU WILL NOT BE HOME  
289-2742

