
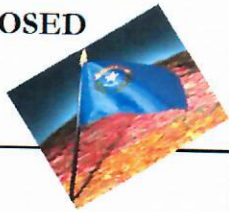




White Pine Nutrition Program

OCTOBER
2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Pork Chops Cheesy Duchess Potatoes Veggies Fruit	3 #1 BBQ Chicken Potato Salad Steamed Spinach W/W Roll Banana	4 Chef Salad Fruit W/W Roll Fruit	5 Philly Cheese Steak Sand Chips 3 Bean Salad Fruit	6 #37 Chili Cheese Baked Potato Broccoli Buttermilk Fruit Salad Cookie
9 Cheese Burger Macaroni Salad Lettuce/Tomato/Onion Baby Carrots Fruit	10 Pork Roast Wild Rice/Mushrooms Veggies Fruit	11 #17 Chicken Fajita W/W Tortilla Spanish Rice Refried Beans Fresh Spinach Pineapple Chunks	12 Sausage Pizza Colorful Salad Fruit	13 #3 Meat Loaf Mashed Potatoes Veggies Mixed Fruit W/W Bread Dessert
16 French Dip Baked Potato Wedges Coleslaw Fruit	17 #46 Lasagna Orange Spinach Salad Garlic Bread Fresh Orange	18 Roast Beef Roasted Red Potatoes Roasted Veggies Fruit W/W Roll	19 Salmon Alfredo Sauce/Noodles Cauliflower/Broccoli Fruit 	20 #36 Minestrone Soup Grilled Cheese Sandwich Sliced Tomato/Romaine Fresh Fruit Birthday Cake
23 Italian Baked Chicken Parsley New Potatoes Veggies Fruit	24 #23 Beef Stir Fry Brown Rice Beet Salad Mandarin Oranges W/W Bread	25 #48 Beef & Bean Burrito Spanish Rice Zucchini Fruit	26 Ham AuGratin Potatoes Green Peas/Onions Fruit	27 NEVADA DAY CLOSED 
30 Taco Salad Lettuce/Tomato/Onion Salsa/Sour Cream Fruit	31 #39 Spaghetti/Meat Sauce Green Salad Squash Fruit			

HOME BOUND PLEASE CALL BEFORE 8AM IF YOU WILL NOT BE HOME 289-2742

2% Milk served daily

Menu Subject to Change Without Notice

Gravy served with
Mashed Potatoes

